



Jennylynd James, Ph.D.

661 Annette Street, Toronto, Ontario, M6S 2C7, Canada Email: Jajames1_99@yahoo.com

www.JennylyndJames.com

Tel: 1-647-868-4086

AUTHOR AND ARTIST

Jennylynd James is an artist and writer with a long work history in the food industry. She was a recipient of the prestigious Canadian Commonwealth Scholarship and studied Food Science at McGill University, Canada where she earned a Ph.D. Jennylynd worked for multinational companies like Dole Food Company and Boskovich Farms in California, and Keelings Multiples in Ireland. Originally from Trinidad and Tobago, she has lived in Florida, California, Quebec, Ontario, and Ireland. While in Ireland Jennylynd started a business promoting Caribbean food and developed a range of Caribbean style sauces and seasonings. She ran this business for five years with artistic flair. In Ireland she also discovered her hidden talent for painting and fine art.

When the Irish economy crashed on the heels of a worldwide recession, Jennylynd decided to fold up the business and move to Toronto, Canada. She wrote the memoir *Escape From Ireland* to capture details of her life changing experiences while living and working in Ireland.

The turmoil encountered in uprooting from Ireland and moving to Canada came with unexpected psychological challenges. These are captured in her new memoir *Goodbye Frying Pan Hello Fire*. Jennylynd enjoys sharing her relocation stories in the hope of evoking an understanding of all the emotions involved in uprooting and living in a foreign country. She wants her stories of resilience and thriving to empower and motivate readers.

Jennylynd is also a fine artist who enjoys painting portraits, landscapes and abstract floral work in oil and acrylics. She recently published art books and inspirational booklets which capture her art work. All publications are listed on Amazon.com and e-books on Amazon Kindle.

BOOK FAIRS AND EXPOS 2015

Harlem Book Fair, Author readings and Panellist on International Travel Forum. Harlem, New York City. NY USA July 17th 18th, 2015.

Bocas Lit Fest 2015, Port of Spain, Trinidad and Tobago April 29 – May 2, 2015.

Toronto Urban Book Expo (TUBE), presenting author, Malvern Toronto Public Library, Toronto Ontario February 28th, 2015.

BOOK READINGS AND LAUNCHES IN 2015

Book Reading and Fund Raiser fro TMC, Jason George Pub, Toronto, ON - February 8th 2015

BOOK LAUNCHES AND SIGNINGS OF GOODBYE FRYING PAN HELLO FIRE IN 2014

Gala Book Launch at the Office of Consulate General of Trinidad and Tobago, Toronto, ON
July 24th

Author Appearance – Chapters/Indigo Bookstore, Square One, Mississauga, ON October 11th

Author Appearance – Chapters/Indigo Bookstore, Mt Sinai Hospital, Toronto, ON
October 30th

Art and Book Affair – Ben McNally Bookstore, Toronto, ON November 20th

BOOK LAUNCH OF ESCAPE FROM EIRE - JANUARY, 2014

Office of Consulate General of Trinidad and Tobago, Toronto, ON Jan 16th

BOOK LAUNCHES OF ESCAPE FROM EIRE IN 2013

Ladies Cook and Book Club, GlenWilliams, Ontario March 9th
McVeigh's Irish Pub, Richmond Street, Toronto Ontario May 5th
West Island Women's League, Montreal, Quebec May 18th
Book Readings and Jazz at The Spoke Club, Toronto, Ontario June 7th

Overseas Book Readings

The Botanic House, Glasnevin, Dublin, Ireland	July 7th
Book Readings with Ye Crik, Dublin, Ireland	July 16th
Book Readings and Video, Trinidad and Tobago High Commission, London, United Kingdom	July 17th
Waterford Book Centre, Roberts Square, Waterford City, Ireland	July 19th

In Toronto

It's a Hat Affair, Dora Keogh's Irish Pub, The Danforth, Toronto, ON	Sept 22nd
Beach Celtic Festival, Kew Gardens, The Beaches, Toronto, ON	Sept 7/8

PROMOTIONS AND REVIEWS

Blog posted by editor Derbhile Graham about Escape From Eire, 2013 <https://writerlyderv.wordpress.com/2013/08/06/author-interview-jennylynd-james/>

Bookreview Escape from Eire - workinglivingtravelinginireland.blogspot.com

Katleen Bell https://www.youtube.com/watch?v=_hID7ZsNUAs

Nikki Clarke Show, <http://nikkiclarckenetwork.com/> Live Interview, February 2015

WHAT READERS ARE SAYING ABOUT THE MEMOIRS

ESCAPE FROM IRELAND

"It's a cracking read. Well done! I'd say it will be of interest for anyone who is thinking of starting a small business. It's certainly very enlightening. What struck me most about your book was just how hard you worked. As the mother of a 15 year old girl, that second last chapter had me in tears."
Sandra O'Connell, Reporter, Sunday Times, Ireland

"It was quite fascinating. My knowledge of contemporary Ireland comes from reading Roddy Doyle and your accounts of pub and dance scene reminded of that. The book, like you, bubbles along with such enthusiasm that I was ill-prepared for the final chapter. Thanks for sharing so generously."
Daniel Parkinson, Toronto, Canada

"What an adventure! I feel like it was a travelogue of Ireland, a love story, a business story, and a mothering story all in one. Lovely and inspiring read. Congrats!"
Marguerite Orane, Business Coach, Jamaica

"I couldn't stop reading. I have so much to say to you. There is a lot of potency and inspiration in this book for black women, professionals, and for women in general...All the energy you have is fantastic!"
Martha Mina, Cork, Ireland

"Escape From Ireland was entertaining and you have such a way of putting a positive spin on everything. I want your secret."
Monica Crane, Agoura Hills, California

GOODBYE FRYING PAN HELLO FIRE

"Your story is inspiring. You have amazing spirit and determination."
Linda Langerak, Toronto, Canada

"I have never lived in Canada but the book gave me ideas about the challenges in settling there. I admire your desire to make a new home for yourself and your family."
Kathleen Bell-Bonjean, Galway, Ireland

"Your stories were captivating and heart-wrenching all at the same time. You painted a beautiful picture of people and places, including all the intricacies of settling in Canada."
Lisa Muftah, Camarillo, California

"This book was captivating and sad all at the same time. The writer took me along for an intriguing ride while chronicling her journey in Canada. I cheered her on every step of the way. Her stories were vivid and felt quite palpable, so much that they kept me enthralled. I highly recommend this book. It's a wonderful read!"
Giselle Belo, Aurora, Ontario, Canada

"The author has a marvellous sense of fun and the book sparkles with vitality. She is always watching, making observations and asking questions and is not afraid to tell all. Goodbye Frying Pan Hello provides an outsider's frank look at Toronto society. Bravo!"
Daniel Parkinson, Toronto, Canada